

Remote Control: The choice is yours

Self-control is choosing to do what you should even when you don't want to.



MEMORY VERSE

“God’s power has given us everything we need to lead a godly life.”
2 Peter 1:3a, NIV

Week One

Jesus Is Tempted in the Desert

Luke 4:1-13

When is it hard to do the right thing?

Week Two

Broken-Down Walls

Proverbs 25:28

When do you lose control?

Week Three

David Spares Saul's Life

1 Samuel 24

What makes you angry?

Week Four

Choose Your Words Carefully

Proverbs 12:18

How can words make things better?

Week Five

Too Much of a Good Thing

Proverbs 25:16

How do you know when to stop?



Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

Start your kid's day off by acknowledging something they've been trying to accomplish, and encourage them to keep at it—the finish line may be closer than they think.



Meal Time

At a meal this week, ask each other: "What are some situations people face when the right choice is a hard one?" Describe different age-appropriate scenarios.



Drive Time

While on the go, ask your kid: "It's a new year. What is something you want to learn, to try, or to do this year?"



Bed Time

Pray for each other: "God, give us wisdom to know what is the right thing to do when we are tempted to do something we know we shouldn't."



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